

NORTHAMPTONSHIRE SCHOOLS & YOUTH HOCKEY ASSOCIATION

ATTN : THE TEACHER/COACH IN CHARGE OF HOCKEY

Girl's & Boy's Hockey for the 2009 – 2010 season

After extensive consultation over a two year period the Board of England Hockey approved, in July 2006, the implementation of an innovative coaching programme which is known as the "Single System" of player development.

Northamptonshire County Association delivered the programme for the first time last season and this season sees the Association building on this programme. It is the development pathway for players, coaches and officials of all ages and abilities to reach their full potential.

The "Single System" is based on a set of principles that puts the participant at the centre, and is based on research that has been widely accepted by the majority of other major sports within England.

The programme will involve Junior Development Centres before Christmas (JDCs) and Junior Academy Centres after Christmas (JACs). These centres will provide coaching for young players aged 10 – 17. The first 8 weeks will be used to coach all the players regardless of ability. At the final 2 sessions players will be assessed and then advised on whether they have made the county squad and will therefore join the JACs.

All are welcome. Please give a copy of this letter to any boy / girl who has demonstrated the potential to develop to county standard and would like to attend training. All boys / girls within the age groups indicated above are welcome to attend either centre. If they are unable to make the first training session then they should come along on the second week. They must be prepared to work hard, attend most of the training sessions offered, and be available to play in matches, if selected to play for the county after Christmas.

Training will start again as follows and girls and boys can attend whichever site is most convenient:

Monday 5 October 2009 at Wellingborough School

6.30 – 7.30 pm	U12 to U14 (born in 1996 onwards)
7.30 – 8.30 pm	U15 to U17 (born in 1995 to 1993)

Wednesday 7 October 2009 at Moulton College

7.00 - 8.00 pm	U12 to U14 (born in 1996 onwards)
8.00 – 9.00 pm	U15 to U17 (born in 1995 to 1993)

All players will have to fill out a registration form* and bring it to the first training sessions along with the fee of £30 for each players to cover training for the 8 week JDC programme.

*** Form attached – please photocopy and give to all players attending**

Mandy Brimyard - Chair

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